During this time of significant changes due to the COVID-19 outbreak, we understand that these are trying times on Airmen and their Families.

For assistance, please see below for the on base support.

98W Chaplain Corps - Serving Active Duty and Family Members

**Office Hours:**
- Mon/Weds/Thurs: 1000-1200, and 1400-1700
- Or vstevejensen@gmail.com

**COVID-19 Resources:**
- Beale Mental Health (MH) Clinic
- National Alliance on Mental Illness (NAMI): 1-800-950-NAMI (6264)
- National Substance Abuse Helpline: 1-800-662-HELP (4357)
- Domestic Violence Hotline: 1-800-799-7233
- VA/Military Crisis Line: 1-800-273-8255, press 1 for 24/7 access
- Local Suicide Crisis Line: 916-368-3111
- National Hotlines: https://www.thenationalhotlines.org/
- Beale AFB Family Life Counselors (MFLCs) available for Active Duty & Family Members
- Family Life Counselors (By Appointment Only) Call (530) 634-8094

**COVID-19 Information:**

**COVID-19 Prevention:**
- Wash hands frequently with soap and water. If soap and water are not available, use an alcohol-based hand sanitizer.
- Cover your mouth and nose with a tissue when you cough or sneeze. Wash your hands immediately after using a tissue.
- Avoid close contact with people who are sick.
- Clean and disinfect frequently touched surfaces such as doorknobs, light switches, and counters.

**COVID-19 Testing:**
- Patients who meet testing criteria and have an activation order can be tested at the COVID-19 Testing site located in Beale’s Annex Building.

**COVID-19 Resources:**
- Beale Community Counseling Services: (530) 634-6914
- Chaplain Ho: 548 ISR Group Psychologist: 530-634-0949 / Cell: 530-434-4735
- Capt Caskey: (530) 634-0949 / Cell: (530) 434-4735
- True North Religious Support Teams (RSTs) Available during normal duty hours:
- True North Active Duty Only
- True North Family Only

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