



BEALE
AIR FORCE BASE

WEEKLY

HighFlyer

FaceBook:

[Beale AFB](#)

[Beale 9 FSS](#)

[Beale 9 MDG](#)

[Beale Question
and Answer](#)

Websites:

[Beale.af.mil](#)

[Bealefss.com/con
nect](#)

[CGOC Events](#)

APP:

[AF Connect](#)

The information in this document is provided as a resource and does not constitute an endorsement by Beale Air Force Base, the United States Air Force, or the Department of Defense of the external website, or the information, products, or services contained therein. Requests must be submitted to PA office no later than noon on Wednesday. Please provide text. Only essential information and no graphics or PDF's will be included.

FSS EVENTS - www.bealefss.com; <https://www.facebook.com/Beale9FSS>; <http://www.bealefss.com/recce-magazine>.

Women's History Month Photo Highlight of the Week:



U.S Air Force Military Working Dog (MWD) Azur waits for a command on the training pad at the kennel on Beale Air Force Base, California, Feb. 29, 2024. MWD Azur has been working with her handler, Senior Airman Gracia Bolainez, 9th SFS K-9 handler on obedience training. (U.S. Air Force photo by Senior Airmen Alexis Pentzer)



Calendar
of Events

March

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
10	11	12	13	14 AANHPIHC Meeting AA Meeting	15	16
17	18	19 Skill-Bridge Briefing Women's History Month Celebration	20 Tuition Assist. Briefing BTZ Mock Board	21 AA Meeting	22	23

9 LRS PCS Helpful Tips and Reminders

The 9 LRS Passenger Travel Office

Personnel PCS'ing OCONUS can submit a request for flights, circuitous travel, pet spaces, and travel to Vehicle Processing Centers (VPC) from CAC-enabled devices.

Passenger Travel Access Point: [Passenger Travel Access Point - Home \(dps.mil\)](#)

BASE EVENTS

Asian American Native Hawaiian Pacific Islander Heritage Committee (AANHPIHC)

Thursday, March 14

1200-1300

Contrails Dining Facility

Join us to help spread cultural pride and spirit. We meet every 2nd Thursday.

POC: President – TSgt Samantha Lam, samantha.lam@us.af.mil, 634-2660.

Women's History Month Celebration

Tuesday, March 19

1500 – 1600

Recce Point Club

Pursuit of Wellness! 7 Dimensions of Wellness Expo

Alcoholics Anonymous Meeting

Every Thursday

1700-1800

Community Activity Center (Theatre Room)

Civilian Attire Strongly Preferred

SharePoint and Microsoft Power Platform Trainings!

Wednesdays

0900

9 CS Network Training Center, Bldg. 2445

Weekly Power Automate, Power Apps, Power BI trainings for hands on, guided workshops:

Registration:


<https://usaf.dps.mil/sites/9MSG/9CS/CSP/SCOK/TR/SiteAssets/Training%20Registration/SharePointTrainingCenter.aspx> Open to all personnel. Contact: 634-2611
knowledge.operations@us.af.mil

BTZ Mock Boards

Wednesday, March 20

1300-1500

Location: 9 CS Conference Room, Bldg. 2445, 6252 B St

UOD: Service Dress. Open to all participants of BTZ 101 class. RSVP link:  [BTZ101.aspx](#)

Beale Spouses Club

Wednesday, March 20

1830-2030

Beale Neighborhood Center

See our Facebook page to RSVP. Prizes to be won for those that attend. Jessica Stafford

jessica.stafford.1@us.af.mil

1-2-3 Magic Parenting Workshop

Wednesday, 27 March

0900-1100

Child and Youth Resource Center (CYRC)

Sexual Assault Awareness and Prevention Month (SAAPM) Events (no RSVP required)

Movie Event

Monday, April 1

1700-1900

CAC theater

Playing "I am Vanessa Guillen" with refreshments.

Red flags in Dating

Monday, April 8

1100-1300

Flag Room

Prizes to be won for those that attend.

Male Victimization

Friday, 5 April

1000-1200

CAC Ballroom

Tuesday, April 9

1000-1200

Bldg. 1025 Conference Rm

Prizes to be won for those that attend.

Substance Abuse and Sexual Trauma

Tuesday, April 16

1500-1600

CAC Ballroom

Monday, April 22

1500-1600

Bldg. 1025 Conference Rm

Prizes to be won for those that attend.

Trauma Informed Care

Wednesday, April 3

1300-1500

CAC Ballroom

Friday, April 12

1000-1200

Bldg. 1025 Conference Rm

Prizes to be won for those that attend.

Tuesday, 30 April

1000-1200

CAC Ballroom

Denim Day

Wednesday, 24 April

1000-1400

Reece Point Club

Keynote Speaker: Chaplain De Leon

Open to all base members. Enjoy food and meeting with Team Beale Community Partners

Holocaust Remembrance Event

Thursday, May 2

1500-1600

Reece Point Club

The Beale Auto Expo

Saturday, May 18

Flightline Horseshoe

Open to the public. Featured static aircraft, show cars, military vehicles, food trucks, and stuff for the kids! To register your vehicle, visit our site. Registration begins 1 March.

Site: bealeautoexpo.com | FB: <https://fb.me/e/fk482H4uS> | POC: bealeautoexpo@gmail.com

VOLUNTEER OPPORTUNITY

Interested in volunteering? Contact the Military & Family Readiness Center to find out about several amazing opportunities. Various events, dates, times, and roles. Call us at (530) 634-2863

Volunteers needed for Color Run

Thursday, March 28

8:30-11:30

Linda Elementary School

Volunteers needed to set up, throw colors on the students, bubble guns, run with students, and help with cleaning up at the end. Contact: Patrick O'Brien at pobrien@mjusd.k12.ca.us

Volunteers Needed for Hispanic & Latino Heritage Council

The H&LHC hosts several events throughout the year and are looking for motivated members for both high-impact and lesser time commitment roles. Meetings held monthly. POC: TSgt Byron Fonseca, byron.fonseca@us.af.mil

MISCELLANEOUS

Palace Chase

Looking to Separate Early? Call MSgt Bryan Csik or MSgt Kortney Jones at 530-624-2909 to see if you're eligible. Briefings are held on the 2nd Thursday of the month at 0930 at the Education Center, room 118, starting 11 April.

UNITE Program

Unite is a resilience program to support unit cohesion, team building and morale. The Unite program offers a way to increase unit cohesion without pulling from your squadron funds. The Unite program is open to Active Duty, Reserves, both APF and NAF Civilians, and family members of the squadron. <https://www.bealefss.com/unite/> POC: Scott Bittner 634-4042 scott.bittner@us.af.mil

Be a part of ACC SWORD ATHENA 2024!

Submit your Topic ideas here <https://forms.osi.apps.mil/r/cmg5tBizfi>

The focus is to identify root causes, including determining if those root causes are potential barriers to diversity, equal opportunity, equity, inclusion, and accessibility, while devising plans to eliminate them."

POC: Maj Diana Kane at diana.kane@us.af.mil or 9rw.di.swordathenawit@us.af.mil.

Health Promotion Group Classes

- *BEST Self- A 3-class program* designed to help individuals lose or maintain weight and enjoy a healthy lifestyle. Classes held the 1st, 2nd, and 3rd Tuesday of the month, 0800-0900 (must attend all three sessions).
- *Active Families-* Discover the art of balancing nutrition, fitness, and stress management for your little ones. Engage in a whole-body approach to family health that fosters life-long health. Class held every 1st Tuesday, 1300-1400
- *Heart Health-* Delve into the foundations of cardiovascular wellness and explore nutrition essentials and lifestyle choices that support a strong heart. Held every 2nd Tuesday, 1300-1400.
- *Diabetes Wellness-* A comprehensive guide to managing diabetes through the pillars of nutrition, fitness, and stress management. Held every 3rd Tuesday, 1300-1400. No Referral Needed! Call the Appointment Line at 530-634-2941 to register. All classes are located at the Education Center, Main Base.

Balfour Beatty Communities (BBC) Foundation Scholarship

***Applications must be submitted no later than March 21, 2024, 11:59pm PDT.

Scholarship awards range from \$500 to \$3,000, with the potential for larger amounts for exceptional submissions. Open to all BBC residents. www.bbcommunitiesfoundation.org

VFW 4095 Armed Forces Day Golf Tournament

Friday, May 17

6:30am Check In • 7:30am Shotgun Start

Plumas Lake Golf Course

Contact 916-370-1349

3rd Annual Grass Valley Armed Forces Day (GVAFD)

Saturday, May 18

0800-1400

Nevada County Airport

The GGVCC has an action-packed itinerary planned that includes honoring distinguished junior enlisted and officer's, military bands, static displays, and various military aircraft fly overs.

Tax Solutions for Military Members

MilTax is a suite of free tax services for active duty, air reserve component, and their immediate family. MilTax can address combat and training pay, deployments, housing, and other unique military issues. It's completely FREE! For more information, visit

<https://www.militaryonesource.mil/financial-legal/taxes/miltax-military-tax-services/>.

Add Expectant Mother Parking spots to your parking lots!

(1) You or your Facility Manager (FM) will submit a "Service Request" in Tririga with justification. (2) Workforce Management (WFM) Shop will review the request & validate. (3) Shops prioritize jobs based on mission impact and update the status in Tririga.

WIT Team [Beale Sword Athena / WIT](#). POC: Maj Kane, diana.kane@us.af.mil

Commute with Enterprise NEW Vanpool Promotion!

Now through June 1, 2024, *First two weeks FREE** for new vanpools*

Commute with Enterprise vanpool includes:

- Recent model van or SUV (2021 and newer)
- Full Insurance Included (\$0 deductibles)
- 24/7 Roadside assistance
- Full maintenance plan

*All new vanpools with 6 or more riders receive \$300 subsidy the first six months

*Vanpools for residents in North Natomas receive ongoing \$600/month subsidy

Contact Sarah Corrigan for details: Sarah.a.corrigan@em.com 320-287-0147