



BEALE
AIR FORCE BASE

WEEKLY

HighFlyer

FaceBook:

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[Beale 9 FSS](#)

[Beale 9 MDG](#)

[Beale Question and Answer](#)

Websites:

[Beale.af.mil](#)

[Bealefss.com/connect](#)

[CGOC Events](#)

APP:

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FSS EVENTS - www.bealefss.com; <https://www.facebook.com/Beale9FSS>; <http://www.bealefss.com/recce-magazine>.
New Recce Town 5/6 Club Facebook link: <https://www.facebook.com/profile.php?id=61558035032801>

Photo Highlight of the Week:



The 9th Security Forces Squadron Defenders hold a commencement ceremony for National Police Week followed by a ruck march May 13, 2024, at Beale Air Force Base, California. National Police Week encourages honor, remembrance, and peer support, while allowing law enforcement, survivors, and citizens to gather and pay homage to those who gave their lives in the line of duty. (U.S. Air Force photo by Staff Sgt. Frederick A. Brown)



Calendar of Events

May

2024

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12	13	14	15	16 AA Meeting	17 Sacramento Rivercats	18 Auto Expo GVAFD Sacramento Rivercats
19 Sacramento Rivercats	20 LEAP Application Prep Unconscious Bias Class	21	22 Tuition Assist. Briefing Island Life Celebration Event	23 AA Meeting Motorcycle Trng	24	25

WILDLIFE FIRE SEASON & PRESCRIBED FIRE BURNS

- Preparation is key to staying safe during this season. Know your safety evacuation zones and prepare a Go-Bag.
- Prescribed Fire Burns: tentatively scheduled May 27 – July 19
- Notifications will be sent through AtHoc, AF Connect App, Base Marquee, and Beale social media accounts.

BASE EVENTS

The Beale Auto Expo

Saturday, 18 May

Flightline Horseshoe

Open to the public. Featured static aircraft, show cars, military vehicles, food trucks, and stuff for the kids! FB: <https://fb.me/e/fk482H4uS> | POC: bealeautoexpo@gmail.com

Language Enabled Airman Program (LEAP): Application Preparation

Monday, 20 May

1100-1300

Contrails Dining Facility Flag Room

Beale LEAP chapter is hosting an event to assist 2024 LEAP applicants with their packages.

Please bring hard copies of your documents for review by recently selected LEAP scholars.

POC: Capt Chad Dickson, 530-634-8021, chad.dickson.2@us.af.mil

Unconscious Bias: Understanding Bias to Unleash Potential

Monday, 20 May

0900-1600

The Beale EO Office and Organization Culture Coordinator is hosting an Unconscious Bias class open to all on a first come basis. Class size is limited to 22.

POC: To register for the class, email susanna.johnson.1@us.af.mil

Asian American Native Hawaiian Pacific Islander Heritage: Island Life Celebration

Wednesday, 22 May

1000 – 1400

Community Activity Center

POC: TSgt Lam, samantha.lam@us.af.mil

WILDFIRES, SNAKES AND SPIDERS, OH MY!! EDUCATIONAL OUTREACH

Thursday, 6 June

1100-1200

Neighborhood Center 33001 Ridge Drive

Wildfire Awareness - GoBag Recommendations & Evacuation Routes | Snake & Spider

Awareness - What to do if bitten. What to do if you see a snake.

The Splash Pad will be open! Snacks & Drinks provided to base housing residents by BBC.

POC: Katie Salcido, kathryn.salcido@us.af.mil, 634-2795 or text: 530-799-8683

Family Advocacy Anger and Irritability Management Skills (AIMS)

Wednesdays, 12 June – 21 August | 25 September – 13 November

1500-1600

Clinic (Family Advocacy)

Participants will complete 8 online modules and meet for 8 group sessions to enhance learning and practice skills. Registration required. POC: Family Advocacy, 530-634-3423

VOLUNTEER OPPORTUNITY

Interested in volunteering? Contact the Military & Family Readiness Center (530) 634-2863

Volunteer: A Grateful Nation Remembers & Freedom's Heroes Outdoor Memorial

***All events will take place at 2620 Colusa Highway, Yuba City, 95993

Volunteers are needed to set up, tear down and perform memorial escort duties.

POC: Chereese James, 530.673.6035 chereese@emailccyc.net

- 17 May - Memorial Setup - 0700-1600 (8-12 Airmen)
- 21-29 May - Memorial Escorts - 0700-2100 (2-hr shifts - 2-4 Airmen per shift)
- 28 May - Memorial tear down - 0600-1200 (10-12 Airmen)

Andros Karperos Middle School Patriotic Day

Friday, 31 May

0830

Seeking 2-3 uniformed service members to participate in their upcoming Patriotic Day.

POC: Amy Oliveri-Ash, 634-3292

The Beale Spouses Club (BSC) is seeking volunteers to staff our community thrift store. The thrift store is open Tuesdays and Thursdays from 9:30 am to 2:00 pm. Volunteers will receive donations, sort/price items, assist customers, and organize the store. No experience is necessary.

Visit the thrift shop website <https://bealespousesclub.com/index.php/thrift-shop>, or email bealespousesclub@gmail.com or bealthriftshopbsc@gmail.com.

Volunteers for Beale Bash



Saturday, 1 June

0800 -1600

Community Activity Center

Sign up: https://www.signupgenius.com/go/10C0944A9AC2DA4FACE9-49307076-beale#

MISCELLANEOUS

Rivercats Salute to Armed Forces Night

17-19 May

Special ticket offers for Beale AFB. Ticket link: rivercatsgroups.com/bealeafb

3rd Annual Grass Valley Armed Forces Day (GVAFD)

Saturday, 18 May

0800-1400

Nevada County Airport

<https://www.grassvalleychamber.com/armed-forces-day/>

POC: Clinton Shifflett at 530-557-0179 or clinton.shifflett@nevadacountyca.gov

Motorcycle Training and Skills Competition Day

Thursday, 23 May

1100-1500

Base Exchange Parking Lot

Beale Green Knights, Base Safety and Yuba City PD are hosting a Motorcycle Skills Training and Competition Day. Compete against Yuba City Motor Officers. Level 3 training offered, followed by group ride at 1400. POC: Thomas Mihalyi, thomas.mihalyi@us.af.mil, or SSgt Richard Simpson richard.simpson.14@us.af.mil

Citizenship Questions?

Thursday, 23 May

The United States Citizenship and Immigration Services (USCIS) office is coming to Beale.
Register: M&FRC, 530-934-2863

Sponsorship Training

The M&FRC offers monthly sponsorship training. Call 530-634-2863 to register.

California Commissaries: The Beale commissary will no longer have single use paper and plastic bags available beginning June 20, 2024.

Health Promotion Group Classes

No Referral Needed! Call the Appointment Line at 530-634-2941 to register. All classes are located at the Education Center.

- **BEST Self-** *1st, 2nd, & 3rd Tuesday, 0800-0900* (must attend all 3 sessions).
A 3-class program designed to help individuals seeing to lose or maintain their weight and enjoy an overall healthy lifestyle.
- **Active Families-** *1st Tuesday, 1300-1400*
Discover the art of balancing nutrition, fitness, and stress management for your little ones. Engage in a whole-body approach to family health that fosters life-long health.
- **Heart Healthy-** *2nd Tuesday, 1300-1400*
Delve into the foundations of cardiovascular wellness and explore nutrition essentials and lifestyle choices that support a strong heart.
- **Diabetes Wellness-** *3rd Tuesday at 1300-1400*
A comprehensive guide to managing diabetes through the pillars of nutrition, fitness, and stress management.
- *****on hold the week of May 20th through May 27th but will return after the holiday*****
FIT IN 42: *Mon, Wed, Fri, 0600-0700 at Base Track*
A run-based, strength conditioning program that will progress over six weeks. This is a cyclic program, so a person may join at any time. A great option for people who are high risk for their fitness test, recently off profile and unconditioned, or interested in improving their fitness. AF or civilian PT gear and bring water.
- **RUN CLINIC:** *1st Thursday, 0600-0700 at Base Track*
An interactive running clinic to help you understand the muscular strength needed to run and correct running form to help improve your cardiovascular training. AF or civilian PT gear and bring water.